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SOCIOLOGICAL STUDY OF STATE POLICY IN THE SPHERE OF PHYSICAL CULTURE AND SPORTS FOR PEOPLE WITH DISABILITIES

Abstract. The article discloses the results of a sociological study of state policy in the field of physical education and sports for persons with disabilities. According to data from international organizations, today every tenth person is a person with disabilities. It was established that the level of development of physical culture and sports of persons with disabilities in Ukraine, according to the respondents, is at a sufficiently high level.

The purpose of the article is to conduct a sociological study of state policy in the field of physical education and sports for persons with disabilities. The following research methods were used: study of regulatory and legal documentation, bibliographic search and retrospective analysis of literary sources (including content analysis of Internet sites and periodicals); comparative analysis; methods of methodological and systemic analysis, the method of sociological survey (questionnaire); methods of mathematical statistics.

In the course of our own sociological research, the results of European experts have been confirmed that the management system in Ukraine is effective and that sport of persons with disabilities in Ukraine is at a high level of development. We established that the state policy is implemented through the implementation of normative and regulatory documents and the organization and conduct of physical culture and sports events among persons with disabilities. It was also established that the most negative factors affecting the development of the modern sphere of physical culture and sports of persons with disabilities in Ukraine are its insufficient financial and economic support and the lack of highly qualified personnel, namely sports coaches and physical rehabilitators. To improve the functioning of the sphere, it is advisable to introduce the following organizational measures: increase the amount of funding necessary for the functioning of regional institutions of the "Invasport" system, promote unhindered access for persons with disabilities to physical culture and sports facilities, improve the mechanism of involvement of children, adolescents and youth with disabilities to systematic physical activity and sports activities.





Keywords: persons with disabilities, sociological research, physical culture and sports, state policy, physical culture and health work.

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СОЦІОЛОГІЧНЕ ДОСЛІДЖЕННЯ ДЕРЖАВНОЇ ПОЛІТИКИ В СФЕРІ ФІЗИЧНОЇ КУЛЬТУРИ І СПОРТУ В ОСІБ З ОБМЕЖЕНИМИ МОЖЛИВОСТЯМИ

Анотація. У статті розкрито результати проведення соціологічного дослідження державної політики в сфері фізичної культури і спорту в осіб з обмеженими можливостями. Згідно даних міжнародних організацій сьогодні кожна десята людина – особа з обмеженими можливостями. Встановлено, що рівень розвитку фізичної культури і спорту осіб з обмеженими можливостями в Україні, на думку респондентів, знаходиться на достатньо високому рівні.

Метою статті є проведення соціологічного дослідження державної політики в сфері фізичної культури і спорту в осіб з обмеженими можливостями. Було використано такі методи дослідження: вивчення нормативно-правової документації, бібліографічний пошук і ретроспективний аналіз літературних джерел (у тому числі контент-аналіз Internet сайтів та періодичних видань); порівняльний аналіз; методи методологічного та системного аналізу, метод соціологічного опитування (анкетування); методи математичної статистики.

У ході власного соціологічного дослідження підтверджено результати Європейських експертів про те, що система управління в Україні є ефективною і спорт осіб з інвалідністю в Україні на високому рівні розвитку. Нами було встановлено, що державна політика реалізується через впровадження нормативноправових та регламентуючих документів й організацію і проведення фізкультурно-спортивних заходів серед осіб з інвалідністю. Також встановлено, що найбільш негативними факторами, що впливають на розвиток сучасної сфери фізична культура і спорт осіб з інвалідністю в Україні є недостатнє її фінансовоекономічне забезпечення та недостатність висококваліфікованих кадрів, а саме тренерів з виду спорту та фізичних реабілітологів. Для поліпшення функціонування сфери доцільно запровадити такі організаційні заходи: збільшення розміру фінансування, необхідного для функціонування регіональних закладів системи «Інваспорт», сприяти безперешкодному доступу для осіб з інвалідністю до об'єктів фізкультурно-спортивного призначення, вдосконалити механізм залучення дітей, підлітків та молоді з інвалідністю до систематичних занять фізичною руховою активністю та спортом.



Ключові слова: особи з обмеженими можливостями, соціологічне дослідження, фізична культура і спорт, державна політика, фізкультурно-оздоровча робота.

Formulation of the problem. From year to year, the problems of people with disabilities are increasingly taking on global social characteristics, which cannot ignore any state, government, science, medicine, or social sphere. According to international organizations, today every tenth inhabitant of the Earth is a person with disabilities. The state's policy regarding people with disorders and health disorders, despite its specificity, cannot be considered separately from the general socio-economic background. To a large extent, it depends on the general paradigm of social policy and economic development in the state. Accumulated international and domestic experience shows that an effective solution to certain problems is possible only within the framework of a model that organically combines the interested and purposeful policy of the state, its legal, economic, organizational, and scientific capabilities, on the one hand, and the initiative and interests of the relevant social group of the population, on the other hand.

Analysis of recent research and publications. At the same time, the number of scientific works aimed at elucidating current issues of the formation and implementation of state policy in the modern field of physical culture and sports of persons with disabilities in Ukraine is small, which determined the relevance of this study [1-4].

The purpose of the article is to conduct a sociological study of state policy in the field of physical education and sports for persons with disabilities.

Presenting main material. According to Art. 4 of the Law of Ukraine "On Physical Culture and Sports", state policy in the field of physical culture and sports is based on the following principles [1, 3]:

- ✚ recognition of physical culture as an important factor in the comprehensive development of the individual and the formation of a healthy lifestyle;
- ✚ recognition of sports as an important factor in achieving physical and spiritual perfection of a person, formation of patriotic feelings in citizens and a positive international image of the state;
- ✚ recognition of physical culture and sports as a priority direction of the humanitarian policy of the state;
- ✚ ensuring humanistic orientation and priority of universal values, justice, mutual respect and gender equality;
- ✚ ensuring the safety of life and health of persons engaged in physical culture and sports, participants and spectators of sports and physical culture and health events;
- ✚ guaranteeing equal rights and opportunities of citizens in the field of physical culture and sports;



- ✚ creation of conditions for social and legal protection of citizens in the field of physical culture and sports;
- ✚ promotion of continuity and sequence of physical education and sports for citizens of different age groups;
- ✚ affirmation of ethical and moral values of physical culture and sports;
- ✚ ensuring diversity, high quality and accessibility of physical culture and sports services for citizens;
- ✚ providing support to public organizations of physical culture and sports orientation;
- ✚ ensuring access of persons with disabilities to sports facilities;
- ✚ provision of conditions for the support of physical education and sports;
- ✚ encouragement of charitable activities in the field of physical culture and sports;
- ✚ focusing on modern international standards in the field of physical culture and sports, combining domestic traditions and achievements with world experience in this field.

In the course of our own sociological research, we established that the level of development of physical culture and sports of persons with disabilities in Ukraine according to a 5-point scale, according to the respondents, is at a sufficiently high level (3.7 points) (Fig. 1). Which confirms the statement of European experts that it is thanks to the systematic organizational and practical work of the National Committee of Sports for the Disabled of Ukraine, the Ukrainian Center for Physical Culture and Sports of the Disabled "Invasport" and sports federations that there is a unique and most effective management system.

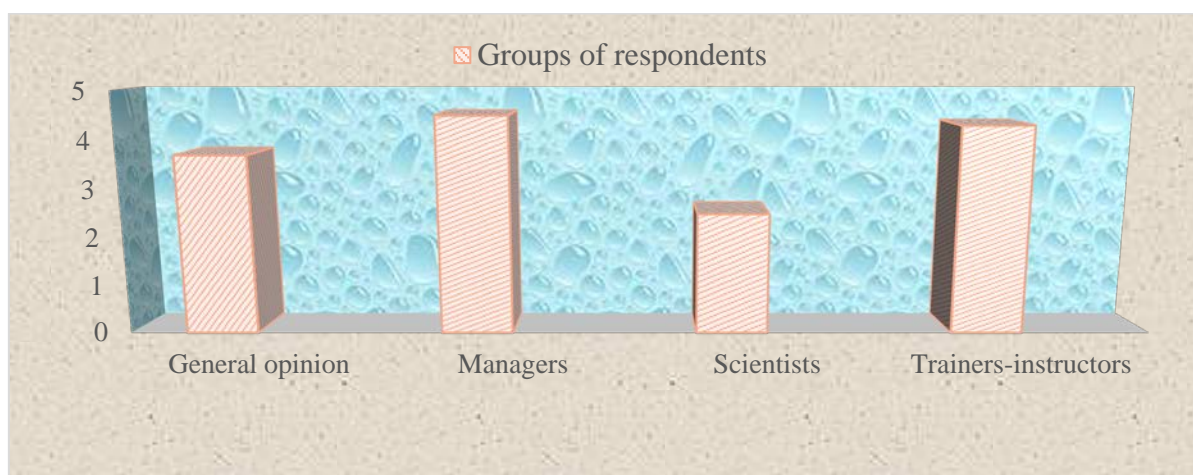


Fig. 1. The level of development of physical culture and sports of persons with disabilities in Ukraine



In the context of the social survey, the following research methods were used: the study of regulatory and legal documentation, bibliographic search and retrospective analysis of literary sources (including content analysis of Internet sites and periodicals); comparative analysis; methods of methodological and systemic analysis, the method of sociological survey (questionnaire); methods of mathematical statistics. All participants agreed to the survey and participation in the discussion of leading issues. It was found that the National Committee of Sports for the Disabled of Ukraine (4.1 points out of 5 possible) and the Ukrainian Center for Physical Culture and Sports of Persons with Disabilities "Invasport" (4.0 points) are performing their activities most successfully. According to the respondents, the work of the National Sports Federations on nosology (3.3 points) and the activities of physical culture and sports clubs for people with disabilities (2.7 points) are less fruitful (Fig. 2).

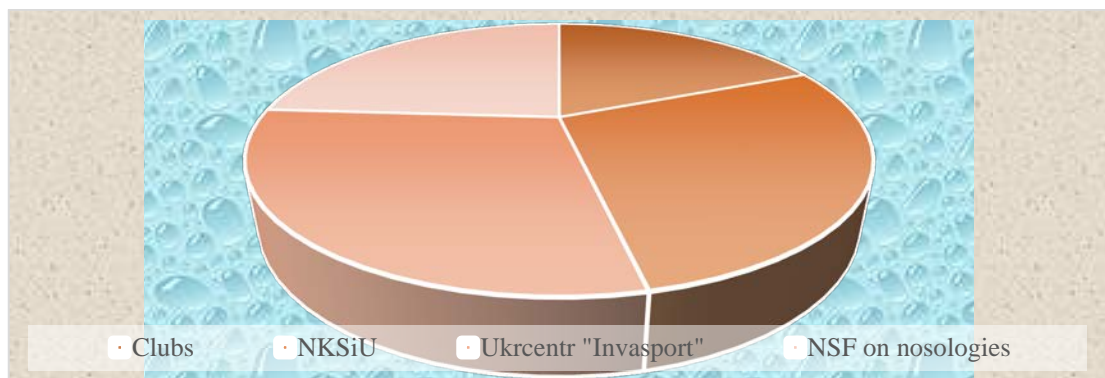


Fig. 2. The effectiveness of the management bodies in the field of physical culture and sports for persons with disabilities (in points)

After analyzing the data obtained during the survey, we established that the state policy in the field of physical culture and sports of persons with disabilities is primarily oriented towards the implementation of legal and regulatory documents, according to 62% of respondents, and the organization and conduct of physical culture and sports events (56%). The least of all, according to the respondents, state policy is aimed at the introduction of modern activity technologies in the field of physical culture and sports of persons with disabilities (28%), the introduction of social protection mechanisms for persons with disabilities (22%) and the introduction of modern activity management technologies (6 %) (Fig. 3).



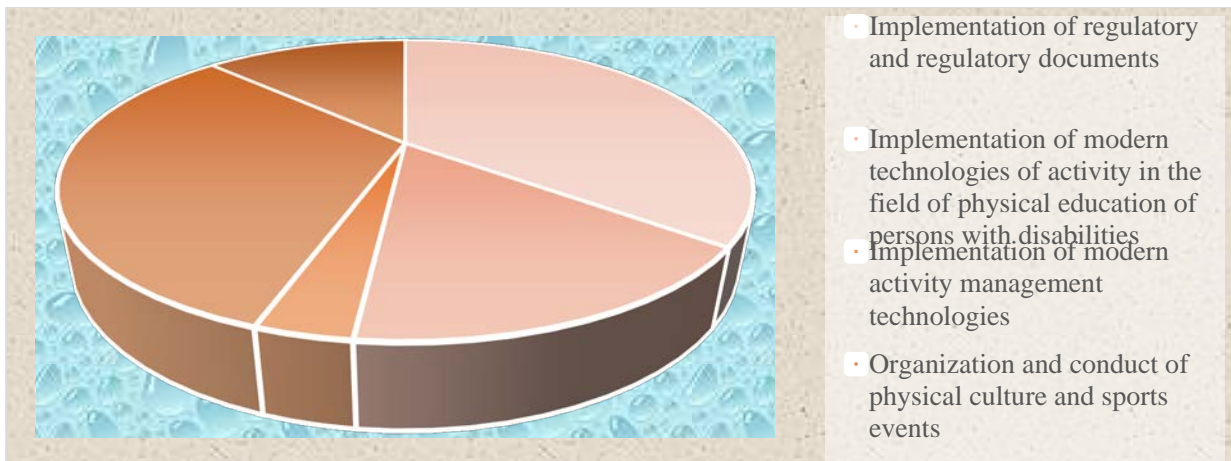


Fig. 3. State policy in the field of physical culture and sports for persons with disabilities

During the analysis of the results of our own sociological research, we found that the following factors have a negative impact on the development of physical culture and sports of persons with disabilities: insufficient financial and economic support in the field of physical culture and sports of persons with disabilities, according to 68% of respondents (Fig. 4).

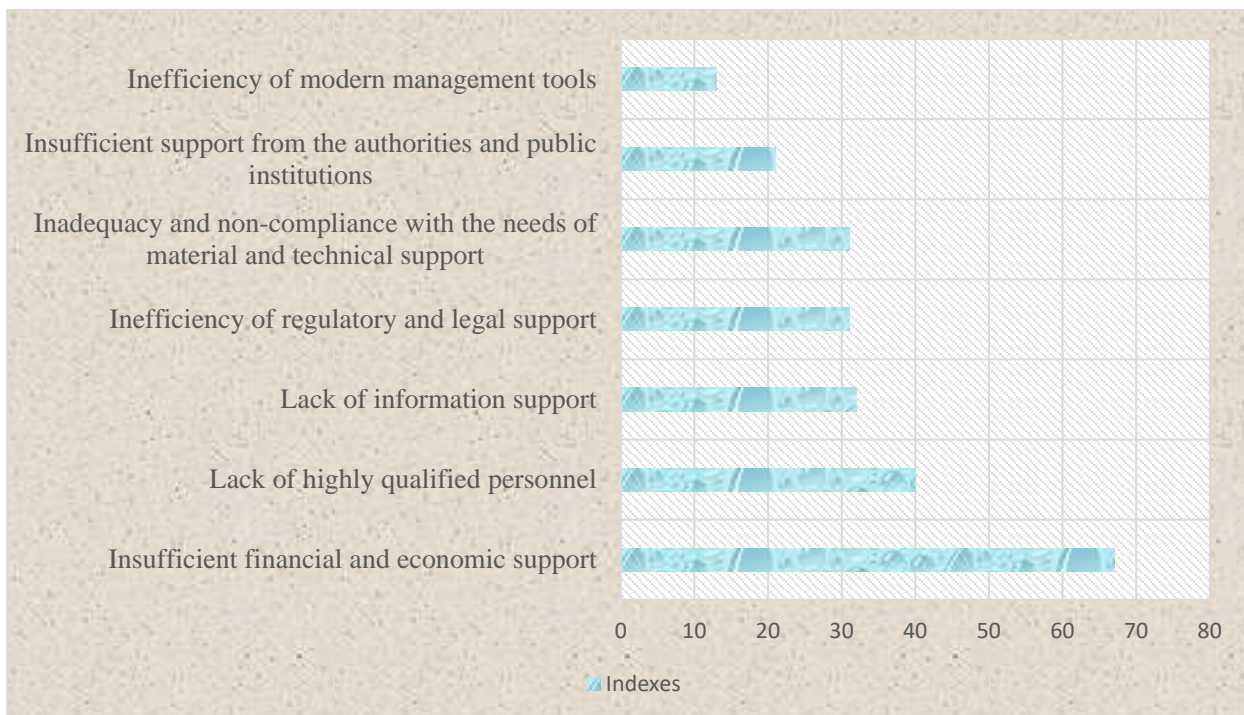


Fig. 4. Factors that negatively affect the development of physical culture and sports in persons with disabilities

In the second place, the lack of highly qualified personnel, namely sports coaches and physical rehabilitators, 40%, the same number of answers were scored



by three factors: the ineffectiveness of regulatory and legal support, insufficient information support, including advertising, and the lack and inadequacy of material and technical support 31%.

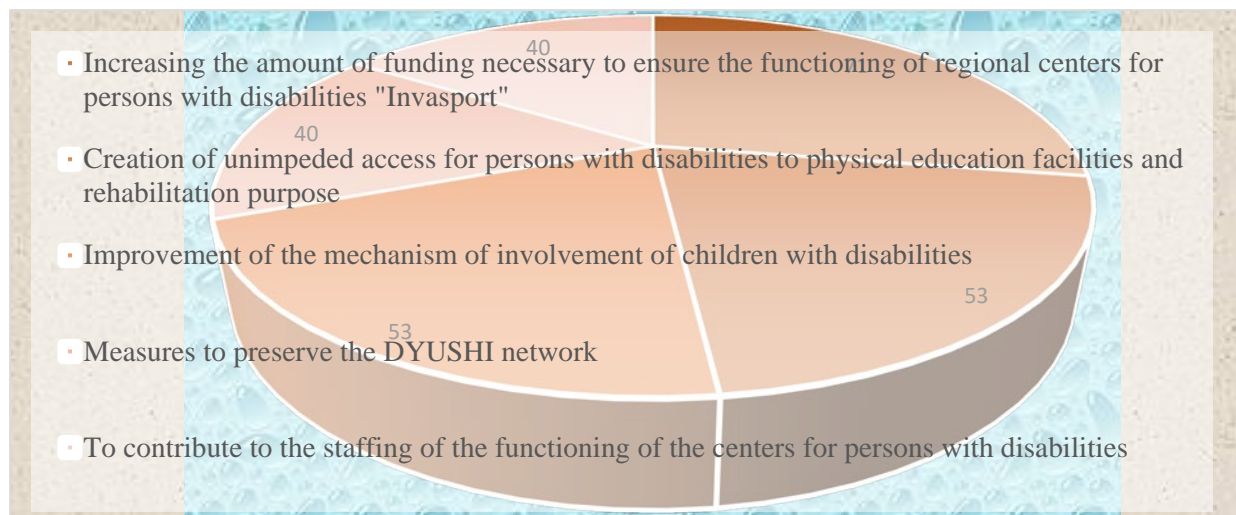


Fig. 5. Orientations of state policy in the field of physical culture and sports of persons with disabilities

In order to increase the efficiency of the state policy in the organization of physical culture, health and sports activities for persons with disabilities, according to the respondents, the following measures should be applied: an increase in the amount of funding necessary to ensure the functioning of regional centers for physical culture and sports for persons with disabilities "Invasport" and other institutions of the system "Invasport" 71%, to promote the creation of unimpeded access for persons with disabilities to physical culture and rehabilitation facilities 53%, to improve the mechanism of involving children with disabilities 53% to systematic physical activity and sports activities (Fig. 5).

Conclusions. In the course of our own sociological research, we confirmed the statement of European experts that the management system in Ukraine is effective and that sports of persons with disabilities in Ukraine are at a high level of development. We established that the state policy is implemented through the implementation of normative and regulatory documents and the organization and conduct of physical culture and sports events among persons with disabilities. It was also established that the most negative factors affecting the development of the modern sphere of physical culture and sports of persons with disabilities in Ukraine are its insufficient financial and economic support and the lack of highly qualified personnel, namely sports coaches and physical rehabilitators. To improve the functioning of the sphere, it is advisable to introduce the following organizational measures: increase the amount of funding necessary for the functioning of regional institutions of the "Invasport" system, promote unhindered access for persons with



disabilities to physical culture and sports facilities, improve the mechanism of involvement of children, adolescents and youth with disabilities to systematic physical activity and sports activities.

Prospects for further research are the possibility of establishing criteria for the effectiveness of state policy implementation in the field of physical culture and sports of persons with disabilities and the formation of a state program for the development of the field of physical culture and sports of persons with disabilities in Ukraine.

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